

SEPTEMBER LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No School LABOR	Red Rice, Popcorn Chicken, Peas & Carrots	3 BBQ Beef Meatballs, Mac & Cheese, Green Beans	Grilled Chicken Parmesan, Garden Salad, Garlic Toast	Bacon Cheeseburger, French Fries, Mixed Vegetable	6
7	Hot Ham & Cheese, Potato Wedges, Sweet Baby Carrots	9 Beef Nachos w/ Cheese Sauce & Salsa, Sweet Corn	Herb Roasted Chicken, Lima Beans w/ Rice Pilaf, Green Beans	Lasagna, Steamed Broccoli, Hawaiian Rolls	Personal Pizza Garden Salad,	13
14	Chicken Tenders, French Fries, Lowcountry Style Succotash	Meatloaf, Bacon Cheddar Mash Potatoes, Steamed Broccoli	Orange/Teriyaki Chicken, Egg Fried Rice, Asian Vegetable Mix	Beefaroni, Corn on the Cob, Caesar Salad, Garlic Toast	No School Teacher Work Day	20
21	Turkey Croissant Melt, Pasta Salad or Side salad	Ribs w/BBQ Southern Style Cabbage, Yellow Rice	Chili Dogs, Tater Tots, Lowcountry Style Succotash	Chicken and Broccoli Alfredo, Garden Salad, Garlic Toast	Personal Pizza Seasonal Vegetables	27
28	Chicken Sandwich, French Fries, Mixed Vegetables	Taco Salad, Spanish Rice w/ Black Beans & corn, Side Salad				



SEPTEMBER BREAKFAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	No School LABOR	French Toast	Cinnamon Toast	Pancakes 4	5 Breakfast Potatoes	6		
7	Cinnamon Rolls	9 Greek Yogurt w/ blueberries	Belgium Waffles	Hash Browns	French Toast	13		
14	Sausage Biscuits	Banana Bread	Blueberry Muffins	Breakfast Potatoes	No School Teacher Work Day	20		
21	Cinnamon Toast	23 Greek Yogurt w/ blueberries	Apple Cinnamon Muffins	French Toast	Pancakes	27		
28	29 Sausage Biscuits	Hash Browns	Please note: Grits, Eggs, Bacon, or Sausage & Fresh Fruit are always available for Breakfast					
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