

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Charleston County School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Give your child a calendar to use to keep track of assignment due dates, activities and school events.
- 2. Help your child decide how to organize notebooks and folders to make finding handouts, schoolwork and tests easier.
- 3. School attendance is important. Let your child stay home only in cases of illness or emergency.
- 4. Help your child find an extracurricular activity at school. Participating increases students' feelings of belonging.
- 5. Ask who your child sees as role models, and why.
- 6. Start a file to keep important information the school sends home.
- 7. Establish a schoolbag clean out time on Sundays. Your child will start the week organized.
- 8. Tell your child, "I care more that you *do* your best than that you *be* the best."
- 9. Help your child set a school-related goal. Write down the steps your student will take to reach it and post the plan in a visible spot.
- 10. Share an article, comic or meme you think your child will enjoy.
- 11. Talk with your middle schooler about a time when your values helped you make a decision.
- 12. Help your child set priorities when doing schoolwork. Which assignment is most important? Due first? Most difficult?
- 13. Enjoy a fitness activity with your child today.
- 14. Bake cookies together. Review math skills by doubling the recipe.
- 15. Ask your child to tell you about one of this year's teachers.
- 16. Notice and talk about the positive qualities of your child's friends.
- 17. Set a minimum study time for your child on weeknights. This can prevent rushing through assignments.
- 18. Encourage your child to review class notes every day while the material is still fresh in mind.
- 19. Plan a weekend family activity. Let your child invite a friend.
- 20. Is your child's room messy? Set the timer for a 15-minute pickup blitz before weekend activities begin.
- 21. Establish a routine of weekly family meetings. Talk about family news, challenges and goals. Celebrate successes.
- 22. Talk to your child about ways to stop bullying. Kids who are bullied and those who bully are at risk for poor school performance.
- 23. Go for a walk as a family and look for seasonal changes.
- 24. Call out some words from the dictionary during dinner. Challenge family members to spell them.
- 25. Talk with your child about honesty and why it is important, in school and in life. Discuss examples of people who demonstrate honesty.
- 26. Be sure your child knows that your rules apply even when your child is at a friend's house.
- 27. Ask how your child would handle peer pressure to do something that's against the rules or that feels wrong. Role-play scenarios together.
- 28. Charge digital devices out of your child's bedroom at night. Kids should be sleeping, not texting or checking social media.
- 29. Help your child make a planning sheet for a large school project. List tasks and assign deadlines for each.
- 30. Dig out a favorite children's book and read it together. There are still lessons to be learned.